
STUDY OF PRAYER

(UNDERSTANDING IT'S IMPORTANCE, POWER, AND IMPACT)

INTRODUCTION:

God speaks to us through the bible and we speak back through prayer. Through this mutual communication a relationship is formed. We can get God to move on our behalf through prayer. However, prayer is the most neglected spiritual exercise. Seemingly there is time for everything but prayer. Learn to pray. It makes all the difference.

PREPARATORY QUESTIONS

1. What is your understanding of prayer?
2. How often do you pray? And for how long?
3. Do you feel emotionally connected after you pray?

PRAYER IS A NECESSITY

Matthew 26:36-46

- Jesus found himself needing prayer to get his heart in the right place for going to the cross
- If Jesus needed to pray, how much more do we in life circumstances!
- Prayer should involve your emotions and feelings
- Jesus leaves us an example how we should submit our will by way of prayer

Luke 11:1-4

- The disciples saw their need for prayer when they witness Jesus do it
- Jesus gives us an outline for us to follow to help our hearts

PRAYER IS POWERFUL

Deuteronomy 4:7

- God draws near when we pray to him

Philippians 4:4-7

- Prayer brings the peace of God to your heart and mind
- The word "petition" translates to begging

Acts 4:23-31

- Prayer empowers every aspect of your Christian walk
- Miracles happen when people pray

PRAYER IS A CHALLENGE

Luke 18:1-14

- Be persistent in prayer
- Be humble and honest about your sin
- God will not turn us away
- We can not give up in prayer

CHALLENGE:

1. Pray for at least 30min everyday this week
2. Pray through these scriptures: Psalm 18, 51, 73, 100, 103
3. Set up another time to study